

National Safer Internet Day

Tuesday 9th February, 2021



Safeguarding Office . Catholic Archdiocese of Perth

a. 29 Victoria Square . Perth . WA . 6000
p. 08 9221 7762 **e.** safeguarding@perthcatholic.org.au



Protecting Children and Adults
in the Catholic Church



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The Safeguarding Office

The Safeguarding Office reflects the Catholic Archdiocese of Perth's abiding commitment to promoting the safety, welfare, and wellbeing of children, young people and vulnerable adults.

The Safeguarding Office is informed by a fundamental belief that all children, young people and vulnerable adults have the right to physical and psychological safety at all times and that the Church, as a Christian institution, should now and into the future be at the forefront of efforts to make this a reality.

Creating a safe church is a dynamic process that involves active participation and responsibility by all.

An ever-emerging area of concern today is our children and young people's involvement in the online world.



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Research by the Australian Government shows that;

81%

of Australian parents with pre-schoolers say
their children use the internet

59%

of teens have experienced cyberbullying

The average age

a child is first exposed to online porn
is 8-11 years of age

1 in 5 young people

reported being abused, threatened
or socially excluded online



With this in mind, it is never too early to start the conversation about online safety with children, young people and families.

On **Safer Internet Day**, the world comes together with a shared vision of making online experiences better for everyone. As such, the Perth Catholic Archdiocese Safeguarding Office in partnership with Parishes and Agencies, will play a part in improving the online experiences for our children, youth and adults at risk.

The office of the eSafety Commissioner celebrates **National Safer Internet Day** as one of the most important events of the year.



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Please mark Tuesday 9th February, 2021 as Safer Internet Day

New research titled, *Digital Lives of Aussie Teens*, will be released together with two new resources for young children, *The Swoosh, Glide and Rule Number 5* picture book and *My Family Rules* song by Lah-Lah.

These resources can all be accessed for free at:

www.esafety.gov.au



www.esafety.gov.au/about-us/events/safer-internet-day-2021/educators/young-children



In addition to these resources, a new webinar for parents and carers is available, entitled:

Cyberbullying and Online Drama

This online workshop will look at how parents and carers can support young people to have safe and respectful online relationships and what to do if things go wrong.

It will cover:

- starting conversations with your child about their online friendships and positive ways to deal with changing relationships
- understanding the rights, laws and community expectations that govern social media use
- where to seek help if your child is involved in a cyberbullying incident.

The webinar will include case studies, research and targeted advice so you can support the young people in your life to have safe, enjoyable online experiences.

To register for one of the free events go to

www.esafety.gov.au



www.esafety.gov.au/parents/webinars



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Parents and carers, please see the government's eSafety 'Parent Guide' checklist for popular Apps'

Available to download below, this is a great resource to get you started. It aims to help parents and carers navigate the apps children and teens participate in and to provide the necessary tools to help you and your family enjoy safe and positive online experiences.

**Download
Parent Checklist**



www.esafety.gov.au/sites/default/files/2020-09/Parent%20guide%20to%20popular%20apps%20-%20Checklist.pdf

For more information for young children go to

www.esafety.gov.au



www.esafety.gov.au/about-us/events/safer-internet-day-2021/educators/young-children

So, please get involved and help promote a better and safer internet!



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