

Alleluia, alleluia!

I am the light of the world, says the Lord;
the man who follows me
will have the light of life.

Alleluia!

GOSPEL

Mt 5:13-16

A reading from the holy Gospel according to Matthew.

You are the light of the world.

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

■ The Gospel of the Lord.



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Breaking Open the Word



THE SAVING WORD

FIFTH SUNDAY IN ORDINARY TIME / A

5 FEBRUARY 2023

FIRM FOUNDATIONS

When the people of Israel returned from exile it was a time of great hope and rejoicing. God's promises had proved true and their persistence in faith had been rewarded. Now was the time to rebuild and people set about re-establishing their lives, homes and businesses. During the exile, they had been united in their suffering but now there was the danger of people looking after themselves at the cost of others. Isaiah was concerned to nip this in the bud showing that the best foundation on which to rebuild was their concern for others, especially the poor and the disadvantaged. In this way, their lives would be a shining example. In the gospel, Jesus calls each of us to examine the quality of our care for our brothers and sisters. It is by means of our practical concern that we can be salt for the earth and light for our world.

Paul was concerned that the faith of some of the Corinthian Christians was not built on a firm foundation. They had been overly impressed by the quality of the preaching and rhetoric of the various preachers who had worked among them. He knew that while their response was understandable, it was nonetheless misguided. At the end of the day, he knew that rhetoric and philosophy would never build a foundation that could challenge the one built on the self-giving love of Jesus. With their eyes fixed on the crucified one, they could learn true wisdom and the meaning of love.

Christopher Monaghan CP

FIRST READING

Isa 58:7-10

A reading from the prophet Isaiah

Your light will shine like the dawn.

Thus says the Lord:

Share your bread with the hungry,
and shelter the homeless poor;
clothe the man you see to be naked
and turn not from your own kin.
Then your light will shine like the dawn
and your wound be quickly healed over.

Your integrity will go before you
and the glory of the Lord behind you.
Cry, and the Lord will answer;
call, and he will say, 'I am here.'

If you do away with the yoke,
the clenched fist, the wicked word,
if you give your bread to the hungry,
and relief to the oppressed,
your light will rise in the darkness,
and your shadows become like noon.

■ The word of the Lord.

RESPONSORIAL PSALM

Ps 111:4-9. R. v. 4

R. A light rises in the darkness for the upright. (or **Alleluia!**)

1. He is light in the darkness for the upright: / he is generous, merciful and just. / The good man takes pity and lends, / he conducts his affairs with honour. **R.**
2. The just man will never waver: / he will be remembered for ever. / He has no fear of evil news; / with a firm heart he trusts in the Lord. **R.**
3. With a steadfast heart he will not fear; / open-handed, he gives to the poor; / his justice stands firm for ever. / His head will be raised in glory. **R.**



SECOND READING

1 Cor 2:1-5

A reading from the first letter of St Paul to the Corinthians

I came to you to proclaim Christ crucified.

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

■ The word of the Lord.